



What if we don't have a LifeLine?

LifeLine caller demands keep growing. LifeLine is a confidential and non-judgemental telephone counselling service that has been offered FREE since 1964. To keep it running this way, we are dependent on the continued generosity and support of the community and our sponsors.

If you would like to support LifeLine see our website for details:
www.lifeline.co.nz



Always caring... Always free... 24/7

For more information, or your nearest centre, please visit our website:

www.lifeline.co.nz



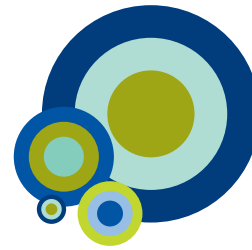
LifeLine
WE PROMISE TO BE THERE

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0800LifeLine 0800 543 354



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LifeLine is a counselling service accessed by telephone 24 hours a day, 365 days a year.

Talking helps - it may be that you just need support. You may want to talk to someone who won't make a fuss. You may have something on your mind that you want to work out. We are not just a crisis service. Lifeline is here for anyone who simply needs to talk.

Making the first call takes courage but is the first step on the road forward.

Phone: 0800LifeLine
0800 543 354

LifeLine believes that:

- All people are to be valued.
- All people can change and grow.
- In times of stress and difficulties we all need to be listened to.
- Listening should be non-judgemental with respect as a first step.
- The aim is to encourage and restore people to worthwhile relationships.
- LifeLine telephone counsellors must be professionally trained.

LifeLine counsellors are volunteers. Every LifeLine Telephone Counsellor is there because they want to be.

LifeLine centres are always looking for warm, caring, non-judgemental people. Training is offered by experienced and professional counsellors. The telephone counsellors are fully trained to standards accredited by LifeLine New Zealand.

If you are interested in becoming a telephone counsellor with LifeLine see our website for details.

www.lifeline.co.nz

